



# SCBLA

South Carolina Black Lawyers Association

## Newsletter

July 2021

Dear SCBLA Family,

Summer.  
Hair gets lighter.  
Skin gets darker.  
Water gets warmer.  
Drinks get colder.  
Music gets louder.  
Nights get longer.  
Life gets better.

-Author Unknown

I hope you and your loved ones are enjoying a fun-filled and relaxing summer so far! Whether you are remaining at home or traveling again, I hope you are living care-free and taking time for yourself by doing the things you love with the people you love.

As you will see in this issue, we have been busy planning for the second half of the year, including opportunities to convene in-person (finally)!!! We hope you will attend the Annual Conference in October and the Holiday Party in December (details to follow soon on both events). Also, please continue to keep us posted on things our members might find of interest in the Community...we love hearing from you!

Yours in Solidarity,  
Breon



Breon Walker  
**President**



E. Belicia Ayers  
**V. President**



Jasmine Wyman  
**Secretary**



Mark McLawhorn  
**Asst. Secretary**



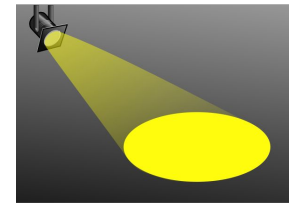
Joy Middleton  
**Treasurer**



Tina Herbert  
**Asst. Treasurer**

Mathias Chaplin  
**Parliamentarian**

# Member Spotlight



July's Member Spotlight initiative was led by Allyce Bailey of the 5th Judicial Circuit. She nominated Kiosha H. Dickey!

- 1) SCBLA Member's Name & Circuit. [Kiosha H. Dickey; Circuit 5.](#)
- 2) How many years have you practiced law? [13.5 years.](#)
- 3) Where do you work? What is your position? What is your area of practice? [Ogletree Deakins; Of Counsel; Affirmative Action and OFCCP Compliance.](#)
- 4) What inspires you about your work? [I enjoy helping clients develop practical solutions to address their equal employment opportunity initiative and goals. I work with an amazing group of attorneys in the OFCCP/AA practice group who constantly inspire me to learn and grow more every day.](#)
- 5) What do you like to do for fun & relaxation? [I love organizing, decorating, cooking, and spending time with my family.](#)

# Announcements

SCBLA received notice of the below job vacancies during the month of June 2021:\*

**Richland County:**

- County Attorney. Position open until filled.
- <http://www.richlandcountysc.gov/>

**South Carolina Legal Services:**

- Paralegal position in Spartanburg, open until filled.
- Deputy Director of Litigation and Training position, open until filled.
- Accountant position in Greenville, open until filled.
- Staff Attorney positions in Charleston, Orangeburg, Rock Hill, and Spartanburg, open until filled.
- Intake Screener position in Columbia, open until filled.

<https://sclegal.org/>

**Boykin & Davis, LLC:**

- Associate Attorney.
- [101applicant@gmail.com](mailto:101applicant@gmail.com)

**Town of Moncks Corner:**

- Town Prosecutor, open until filled.
- <https://www.monckscornersc.gov/employment>

\*Inquire within each business/agency for more info. Some vacancies may no longer be available. Please keep the job postings coming!!

**City of Cayce:**

- Municipal Court Prosecutor.
- <https://caycesc.gov/jobopenings/4369632345MUNICIPAL%20COURT%20PROSECUTOR%20AD.pdf>

**Horry County:**

- Deputy County Attorney.
- <https://www.horrycounty.org/Employment>

**Coastal Carolina University:**

- Vice President for Human Resources & Equal Opportunity, open until filled.
- <https://jobs.coastal.edu/postings/12591>

**Third Circuit Solicitor's Office:**

- General Sessions Prosecutor.
- [showard@sumtercountysc.org](mailto:showard@sumtercountysc.org)

**Charleston County:**

- Part-time Magistrate Court Prosecutor, DUI cases.
- [kdahlheim@charlestoncounty.org](mailto:kdahlheim@charlestoncounty.org)



## Summer Hydration & Fun!!!

BY: BRANDON SISTRUNK

It's summertime and the temperatures are rising as should our water consumption. Every summer, our bodies are on display (whether we are ready or not) as people strive to look their very best for "fun-in-the-sun" beach trips and family vacations. People young and old find ways to prepare for this season, from exercising more to eating healthier. The fact is, we all want to look and feel good, especially this time of year! If you feel you are not *quite* ready or just need additional tips on getting "summertime fine" see below:

### 1. **HYDRATE**

Drink at least 64oz of spring water;  
Drink coconut water; and  
Eat plenty of watermelon and cucumbers.

### 2. **EXERCISE**

Exercise won't only help you LOOK good but FEEL good too! Take a fitness class, get a personal trainer, do an online workout or simply get outside and MOVE!

### 3. **STRETCH and MASSAGE**

Book a 60 min or 90 min stretch and or massage session. This will help detoxify your body, rid it of impurities and inflammation, increase muscle flexibility and relax your muscles. It will also increase cells so your skin will be rejuvenated and glowing.

### 4. **REST**

It has been proven that getting enough sleep will not only help your skin and muscles but will help strengthen your senses and overall brain power. Remember... 8 hours of sleep does the body good!

### 5. **MENTAL HEALTH MATTERS**

Remember to enjoy the skin you're in! Don't get discouraged because you are not where you want to be. Love yourself and your body. Plan things and spend time with people that make you happy!

Continued on next page.

Here are some additional workout ideas.

Also, feel free to check out my Instagram page [@b\\_roc07](#) or contact me at [bfit07@yahoo.com](mailto:bfit07@yahoo.com).



## TB WORKOUT

**2-3SETS 30-60SEC**

### EACH EXERCISE

JOG IN PLACE

IN AND OUT

HIGH KNEE SKIPS

SIDE STEP & JUMP OR SQUAT

LONG JUMP BACKPEDAL

SIDE PLANKS

SCISSORS

UP & OVER ABS

DON'T GIVE UP.

# POWER YOUR CORE

**What: SCBLA Annual Conference**

**When: October 28th-29th, 2021**

**Where: Charleston, SC**

**Details and registration coming soon!!**



## **Contact Us**



**@SCBlackLawyers**



**South Carolina Black Lawyers Association**

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